

Identification of studies via databases and registers

Identification

Records identified from: ($n = 1809$)
Databases ($n = 1789$)
Registers ($n = 20$)

Screening

Records screened: ($n = 1809$)

Duplicate records removed: ($n = 18$)
Records excluded by title and abstract:
($n = 1661$)

Reports sought for retrieval
($n = 130$)

Reports not retrieved as unavailable
($n = 1$)

Reports assessed for eligibility
($n = 129$)

Reports excluded by full text: ($n = 101$)
Description of ERAS or physiotherapy
guideline ($n = 51$)
Physiotherapy but did not fulfil
criteria ($n = 18$)
Exercise based but not
physiotherapy ($n = 15$)
Medical focus ($n = 10$)
Pre-operative ($n = 4$)
Post discharge ($n = 3$)

Included

Studies included in review
($n = 28$)
Reports of included studies
($n = 28$)