



Figure 1. Correlation between the change in 1-min STS test and (A) change in CAT, (B) change in MRC and (C) GRCQ

CAT: COPD assessment test; MRC: Medical Research Council dyspnoea scale; STS: sit-to-stand. Anchor question is the Global Rating of Change Questionnaire (GRCQ), 0 – “no change”, 1 – “much the same”, 2 – “a little better”, 3 – “much better”. None of the participants reported feeling “worse”, therefore it was not displayed in Figure 1(C)