Start of call

- The information sheet was summarised, and participants were asked to reiterate their consent verbally.
- Participants were informed that they could stop the interview at any time, and that their recordings could either be kept or destroyed, depending upon their wishes.

Recording

- A rapport and the health status of the person with a neuromuscular disorder, was initially established before moving on to explore the research aim and objectives.
- · Questioning followed the semi-structured interview guide.
- Participants were asked whether there was any other information they would like to share.
- · Participants were thanked for their time.

End of call