

Outcome measure	Dance			Conventional		
	Median change (IQR)	Range	<i>p</i> value	Median change (IQR)	Range	<i>p</i> value
<b>ISWT (m)</b>	47.5 (0.0 to 107.5)	-10 to 130	0.14	-	-	-
<b>6MWT (m)</b>	-	-	-	35.0* (22.5 to 55.0)	20 to 60	0.07
<b>CAT</b>	-2.0 (-6.8 to 2.0)	-7 to 2	0.46	1.0 (-7.0 to 5.0)	-11 to 6	0.89
<b>mMRC</b>	0.3 (0 to 0.8)	0 to 1	0.31	0.0 (-1.0 to 1.0)	-2 to 1	0.71
<b>Handgrip (kg)</b>	1.0*	-0.2 to 1.2	0.29	13.8**	-	-
<b>HADS anxiety</b>	1.0 (-4.8 to 3.8)	-6 to 4	0.59	-1.0 (-4.0 to 0.5)	-4 to 2	0.22
<b>HADS Depression</b>	-1.0 (-1.0 to 2.8)	-1 to 4	0.71	-1.0 (-2.0 to 0.5)	-2 to 2	0.33

Change calculated as post - pre PR values; data are presented as median (IQR) to one decimal place; *p* values are presented to two decimal places; significance accepted at *p* <0.05; \*one missing data value, \*\*one data value only; CAT = COPD assessment test, HADS = hospital anxiety and depression score, ISWT = incremental shuttle walk test, mMRC = modified medical research council dyspnoea scale, 6MWT = 6-minute walk test.